# DEPARTMENT OF COUNSELING

The Department of Counseling offers the Master of Science in Clinical Mental Health Counseling, Master of Education in School Counseling, and the Doctor of Philosophy in Counselor Education and Supervision. The Department also offers Graduate Certificates in Bilingual Counseling and Integrated Behavioral Healthcare. The Department supports students seeking Certification in the State of Texas through the School Counseling Certification Program. Information on state licensure and/or certification in Clinical Mental Health Counseling is also available.

## Criminal History Policy and Acknowledgement

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospitals, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform students of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105 (https://statutes.capitol.texas.gov/Docs/OC/htm/OC.53.htm).

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement form, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

- M.S. in Clinical Mental Health Counseling (p. 1)
- · M.Ed. in School Counseling (p. 2)
  - School Counseling Certification (p. 3)
- Ph.D. in Counselor Education and Supervision (p. 3)

### Master of Science Degree in Clinical Mental Health Counseling

The Department of Counseling offers the 60-credit-hour Master of Science (M.S.) degree in Clinical Mental Health Counseling. This clinical program emphasizes creativity, diversity, developmental and relational processes, ethics, and professional identity within Clinical Mental Health Counseling. Students may earn credit toward a state license and/or certification to practice in clinical settings (i.e., Licensed Professional Counselor, etc.). The Clinical Mental Health Counseling Program is currently accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

#### **Program Admission Requirements**

Application for admission is conducted through UTSA Graduate
 Admissions. Applicants must hold a minimum grade point average of
 at least 3.0 (on a 4.0 scale) from an awarded master's or bachelor's
 degree. The Department of Counseling may consider the grade point
 average of at least 3.0 (on a 4.0 scale) in the last 60 semester credit
 hours. Due to the competitive nature and limited space, applicants
 admitted into the program often exceed minimum requirements.

- International students must have a minimum score of 100 on the TOEFL iBT or 7 on the IELTS.
- 3. Three Applicant Rating forms are required.
- 4. A two-page narrative statement is required.

Current requirements, forms, and instructions are available on the Graduate Admissions website (https://future.utsa.edu/graduate/). Interested persons should contact the Student Development Specialist for the Counseling program or check the website for more information.

#### **Criminal History Policy and Acknowledgement**

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning, and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105. (https://statutes.capitol.texas.gov/Docs/OC/htm/OC.53.htm)

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement from, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

#### **Degree Requirements**

Candidates for the Master of Science degree in Clinical Mental Health Counseling must earn a minimum of 60 semester credit hours. Students must develop, complete, and pass a comprehensive portfolio requirement at the conclusion of their formal coursework.

Code	Title	(	Credit
		ı	Hours

#### A E1 compostor avadit have af required courses.

A. 51 semester credit hours of required courses:				
COU 5113	Ethical, Legal, and Professional Issues in Counseling			
COU 5203	Introduction to Clinical Mental Health Counseling			
COU 5213	Counseling Theories			
COU 5223	Clinical Assessment and Appraisal Strategies for Counselors			
COU 5233	Group Theory and Process			
COU 5243	Diagnosis in Counseling			
COU 5283	Counseling in a Multicultural Setting			
COU 5393	Development of Counseling Skills			
COU 5613	Biopsychosocial Aspects of Addiction Counseling			
COU 5683	Practicum in Counseling			
COU 5713	Clinical Mental Health Counseling Internship I <sup>1</sup>			
COU 5723	Clinical Mental Health Counseling Internship II <sup>1</sup>			
COU 6153	Career Development and Choice			
COU 6523	Couple and Family Counseling Theories			
COU 6883	Trauma, Crisis, and Grief Counseling			
EDP 5033	Human Development Across the Life Span			
EDU 5003	Research Methods			

#### B. 9 semester credit hours of elective courses

Total Credit Hours

Students may take any combination of the courses COU 5713 and/or COU 5723 to fulfill their internship requirements.

#### **Standards and Procedures**

As part of meeting the program objectives set forth in the Department of Counseling Program Student Handbooks and UTSA Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students' academic performance. The purpose of the FTP review process is to regularly monitor students' professional and personal development (CACREP, 2009) to ensure that students demonstrate appropriate progress toward developing the necessary behaviors, attitudes, and professional competencies to practice as a counselor-in-training. Refer to the Department of Counseling's website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness\_to\_practice/) policy.

Only two courses with the grade of "C" will be accepted toward this degree. Students must earn a grade of "B" or better in Development of Counseling Skills (COU 5393), and practicum and internship courses (COU 5683, COU 5713, and COU 5723). Students who earn a grade of "C" or lower in a clinical course must retake that course and earn a grade of "B" or better before progressing in the clinical course sequence.

A minimum of a 3.0 grade point average will be required for graduation. Students who obtain more than two grades of "C" will be placed on academic probation and may be required to complete appropriate remedial work.

Students on academic probation or not in good academic standing cannot enroll in practicum or internship and are ineligible to participate in the comprehensive portfolio.

## Master of Education Degree in School Counseling

The Department of Counseling offers the Master of Education (M.Ed.) degree in School Counseling. The M.Ed. in School Counseling program prepares students with professional competencies necessary to organize, implement, and evaluate a comprehensive school counseling program in a K–12 school setting.

#### **Criminal History Policy and Acknowledgement**

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning, and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings which require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105. (https://statutes.capitol.texas.gov/Docs/OC/htm/OC.53.htm)

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement from, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

Note that if you are pursuing a professional certification in School Counseling, you will have to apply to the Professional Certification Program in addition to applying for the graduate degree. You will have to provide evidence of your service record, valid teaching certificate, and other admission requirements as listed on the application to the professional certification program. Contact the designated Student Development Specialist or the Assistant Director of the Teacher Certification program for more information.

#### **Program Admission Requirements**

60

- 1. Application for admission is conducted through UTSA Graduate Admissions. Applicants must hold a minimum grade point average of at least 2.7 (on a 4.0 scale) from an awarded master's or bachelor's degree. The Department of Counseling may consider the grade point average of at least 2.7 (on a 4.0 scale) in the last 60 semester credit hours. Due to the competitive nature and limited space, applicants admitted into the program often exceed minimum requirements.
- International students must have a minimum score of 100 on the TOEFL iBT or 7 on the IELTS.
- 3. Three Applicant Rating forms are required.
- 4. A two-page narrative statement is required.

Current requirements, forms, and instructions are available on Graduate Admissions website (https://future.utsa.edu/graduate/). Interested persons should contact the Student Development Specialist for the Counseling program or check the website for more information.

#### **Degree Requirements**

Code

Candidates for the Master of Education degree in School Counseling must earn a minimum of 60 semester credit hours. Students must develop, complete, and pass a comprehensive portfolio requirement at the conclusion of their formal coursework.

Credit

Title

		Hours
60 semester credit hours	of required courses:	60
COU 5103	Introduction to School Counseling	
COU 5113	Ethical, Legal, and Professional Issues in Counseling	
COU 5213	Counseling Theories	
COU 5223	Clinical Assessment and Appraisal Strategies for Counselors	
COU 5233	Group Theory and Process	
COU 5243	Diagnosis in Counseling	
COU 5253	Child and Adolescent Counseling in a Systemic Context	
COU 5283	Counseling in a Multicultural Setting	
COU 5393	Development of Counseling Skills	
COU 5613	Biopsychosocial Aspects of Addiction Counseling	
COU 5683	Practicum in Counseling <sup>1</sup>	
COU 5793	School Counseling Internship I 2, 3	
COU 5803	School Counseling Internship II 2,3	
COU 5813	School Counseling Internship III 2, 3	
COU 6003	Consultation and Program Evaluation	
COU 6153	Career Development and Choice	
COU 6523	Couple and Family Counseling Theories	
COU 6883	Trauma, Crisis, and Grief Counseling	

EDP 5033	Human Development Across the Life Span
EDU 5003	Research Methods

Total Credit Hours 60

- Practicum in Counseling provides students with their first supervised counseling experience with actual clients. Practicum may be scheduled on campus or off campus.
- The School Counseling Internship courses must be situated in a K-12 school setting, and students must be supervised by a certified school counselor with a minimum of two years counseling experience.
- Students may take any combination of the following courses COU 5793, COU 5803, and/or COU 5813 to fulfill their internship requirements.

**NOTE:** Students must be aware that internship sites beyond a 60-mile radius from the UTSA Downtown Campus will not be approved.

#### **Standards and Procedures**

As part of meeting the program objectives set forth in the Department of Counseling Program Student Handbooks and Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students' performance. The purpose of the FTP review process is to regularly monitor students' professional and personal development (CACREP, 2009) to ensure students demonstrate appropriate progress towards developing the necessary behaviors, attitudes, and professional competencies to practice as a counselor-in-training. Please refer to the Department of Counseling's website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness\_to\_practice/) policy. Only two courses with the grade of "C" will be accepted toward this degree. Students must earn a grade of "B" or better in all clinical courses (COU 5393 Development of Counseling Skills, COU 5683 Practicum in Counseling, COU 5793 School Counseling Internship I, COU 5803 School Counseling Internship II, COU 5813 School Counseling Internship III). Students who earn a "C" or lower in a clinical course must retake that course and earn a grade of "B" or better before progressing in the clinical course sequence.

A minimum of a 3.0 grade point average will be required for graduation. Students who obtain more than two grades of "C" will be placed on academic probation and may be required to complete appropriate remedial work. Students on academic probation or not in good academic standing cannot enroll in practicum or internship courses and are ineligible to participate in the comprehensive portfolio.

#### **School Counseling Certification Program**

Students interested in seeking employment as a professional school counselor in a Texas public school must apply to the UTSA School Counseling Certification Program (SCCP). For information on the SCCP application process, visit the Department of Counseling website (http://education.utsa.edu/counseling/m.a.\_in\_school\_counseling/) or contact the Department of Counseling Student Development Specialist's office for the required process, timeline, and forms.

Additionally, students wishing to be employed as Texas professional school counselors must successfully meet all other State certification requirements.

## **Doctor of Philosophy Degree in Counselor Education and Supervision**

The Ph.D. program in Counselor Education and Supervision is a fulltime 69-semester credit hour program (admission requires a 60-credit master's degree in counseling from a CACREP accredited program, although applicants may be admitted with deficiencies). Applicants who did not graduate from a 60-credit CACREP-accredited master's degree program will be required to complete additional background coursework up to the 60-credit requirement. Additional courses will be selected in consultation with the faculty advisor and will consist of courses that fulfill content areas required by CACREP that were not completed in the original master's degree program. Applicants with 60-credit master's degrees from non-CACREP-accredited programs may be required to complete additional background courses if their master's degree coursework did not include all content areas required by CACREP. The program is intended to prepare professionals for careers as counselor educators, supervisors, researchers, and practitioners in academic, clinical, research, and consultation settings. This degree program is nationally accredited through the Council for Accreditation of Counseling and Related Educational Programs (CACREP (https://www.cacrep.org/)). Program graduates will have opportunities to acquire: (a) advanced theoretical knowledge, (b) advanced clinical skills, (c) university teaching skills, (d) research skills, (e) advanced clinical supervision skills, and (f) leadership and advocacy skills. Students are expected to formulate their professional philosophies and approaches to the field of counselor education and supervision. In alignment with professional accreditation requirements and codes of ethics, multicultural and social justice competencies are emphasized throughout the program.

The Doctoral program objectives include opportunities for.

- · Research and scholarly writing
- · Clinical supervision with practicum students
- · Supervised co-teaching experiences
- Developing advanced clinical competencies
- · Developing advanced multicultural and social justice competencies
- · Developing leadership and advocacy competencies
- · Service to the counseling profession and the community

#### **Criminal History Policy and Acknowledgement**

The College of Education and Human Development (COEHD) prepares educators and professionals for fields which require fieldwork, internship, practicum, service-learning, and/or clinical teaching. Placements occur in educational, clinical, health care facilities, hospital, and/or medical settings that require a criminal background check. The University of Texas at San Antonio is required to inform you of the requirements set forth by the Texas Occupation Code, Chapter 53, Sections 53.001 through 53.105 (https://statutes.capitol.texas.gov/Docs/OC/htm/OC.53.htm).

All COEHD prospective students in a licensure or certification program are required to acknowledge that they have been made aware of these requirements and that they have read the COEHD Criminal History Policy. For more information and for completing the acknowledgement from, please visit the Office of Professional Preparation, Assessment, and Accreditation in the College of Education and Human Development.

#### **Program Admission Requirements**

Admission to the program is limited and competitive. Meeting the minimum admission requirements does not guarantee acceptance

into the program. Competitive applicants usually exceed minimum requirements.

- 1. A master's degree in counseling from a Council for Accreditation of Counseling and Related Educational Programs (CACREP) approved program requiring a minimum of 60 semester credit hours. Students with fewer than 60 semester credit hours and/or who earned a degree from a non-CACREP accredited program may be considered for admission to the program with conditional status, pending completion of the deficient hours and satisfactory completion of courses fulfilling CACREP core course requirements.
- 2. A minimum grade point average of 3.0 in master's-level courses in counseling or a closely related mental health field.
- 3. A portfolio consisting of the following items, which will be evaluated by the Doctoral Program Committee:
  - a. A 60-hour (or greater) master's degree transcript documenting a grade point average of 3.0 or better in counseling or an approved related mental health field (conditional admission may be available for students not meeting this criterion).
  - b. International students must have a minimum score of 100 on the TOEFL iBT or 7 on the IELTS.
  - c. Two letters of recommendation attesting to the student's academic and personal attributes for success in the program and potential for contributing substantially to a field of study related to the degree.
  - d. A written personal statement/essay describing (a) research interests, (b) purpose for pursuing the Ph.D. in Counselor Education and Supervision, and (c) plan for leadership and advocacy contribution.
  - e. Documented experience in a work environment (formal positions or internships) where counseling was the primary professional emphasis (may include but is not limited to one-on-one counseling, counseling for couples, psychological assessment and testing, group or community counseling).
  - f. Professional résumé or curriculum vitae listing prior experiences in the field of counseling.
  - g. Supplemental information may be considered, such as holding a provisional or unrestricted license and/or other relevant counseling credentials (e.g., NCC, ACS).
- Successful completion of a finalist interview and rank order selection by the departmental faculty.

#### **Degree Requirements**

Students pursuing the Ph.D. in Counselor Education and Supervision are required to pass a qualifying examination prior to admission to candidacy. All candidates must submit a scholarly contribution in the form of a dissertation as partial fulfillment of requirements for this doctorate (see the Ph.D. in Counselor Education and Supervision Dissertation Handbook). All students are regularly evaluated by the Fitness to Practice policy of the department (see the Ph.D. in Counselor Education and Supervision Handbook).

	Code	litle	Credit Hours
4	A. General core courses		33
	COU 7123	College and University Teaching	
	COU 7133	Seminar in Professional Development	
	COU 7143	Leadership and Advocacy in Counseling and Counselor Education	

Total Credit Hours		69
COU 7996	Dissertation	
COU 7993	Dissertation	
D. Dissertation		9
C. 6 Semester credit hou	rs of elective courses	6
EDU 7043	Educational Research Statistics: Descriptive and Comparative	
COU 7893	Advanced Research in Counseling	
COU 7823	Developing a Research Identity in Counselor Education	
COU 7803	Research and Publication in Counseling	
COU 7103	Qualitative Research Methods in Counseling	
COU 7003	Program Evaluation and Grant Writing	
COU 6893	Foundations of Research in Counseling	
B. Research courses		21
COU 7593	Practicum in Counseling Supervision	
COU 7583	Supervision of Counseling	
COU 7513	Internship II	
COU 7413	Internship I	
COU 7393	Advanced Counseling Skills	
COU 7313	Internship in Counseling	
COU 7283	Advanced Multicultural Counseling	
COU 7213	Advanced Theories in Counseling	

#### Standards and Procedures

As part of meeting the program objectives set forth in the Department of Counseling handbooks and UTSA Graduate Catalog, students are expected to conduct themselves in an ethical, responsible, and professional manner. This conduct is evaluated through the Fitness to Practice (FTP) policy as an element of students' academic performance. The purpose of the FTP review process is to regularly monitor students' professional dispositions (CACREP, 2023) to ensure that students demonstrate appropriate progress toward developing the necessary behaviors, attitudes, and professional competencies to practice. Please refer to the Department of Counseling website for the Fitness to Practice (http://education.utsa.edu/counseling/fitness\_to\_practice/) policy.

Students must earn a grade of "B" or better in all courses. Students who earn a grade of "C" or lower in a course must retake that course and earn a grade of "B" or better.

Students must be in the process of completing their formal required coursework (all except dissertation) during the semester in which they take their doctoral qualifying examination (see the Ph.D. in Counselor Education and Supervision Handbook for additional details and procedures). Before beginning the doctoral dissertation or data collection, students must successfully complete their doctoral qualifying exam, successfully defend their dissertation proposal, secure UTSA Institutional Review Board approval, complete all University, College, and Department requirements, and receive dissertation chair approval.

A minimum of a 3.0 grade point average and a successful dissertation defense are required for graduation.

- · Graduate Certificate in Bilingual Counseling (p. 5)
- · Graduate Certificate in Integrated Behavioral Healthcare (p. 5)

### **Graduate Certificate in Bilingual** Counseling

The 12-hour Graduate Certificate in Bilingual Counseling (BCC) is designed to meet the needs of students interested in developing foundational skills in bilingual counseling in Spanish. The Bilingual Counseling Certificate (BCC) is offered through the Department of Counseling (COU) with support from the Department of Bicultural-Bilingual Studies (BBL). The certificate is designed to meet growing PK-12 school and community needs.

#### **Admission Requirements**

Students interested in pursuing the Graduate Certificate in Bilingual Counseling must first:

- · Be admitted to the M.Ed. in School Counseling, the M.S. in Clinical Mental Health Counseling, or the Ph.D. in Counselor Education and Supervision, or related fields. Additionally, the program is open to nondegree seeking licensed professional counselors, certified school counselors, and licensed professionals from the field.
- · Attain Level 2 or Level 3 on a Department of Bicultural-Bilingual Studies Spanish proficiency test, specifically developed for this program (students may be allowed to take BBL 5023 and COU 7283 before passing the language assessment at the discretion of the Department of Bicultural-Bilingual Studies)

#### **Certificate Program Requirements**

Requirements for completion include:

- · Completion of 12 graduate semester credit hours of approved UTSA coursework with a grade point average (GPA) of 3.0 or above
- · Completion of a language assessment
- · Successful completion of program-specific clinical and supervision elements

Requirements include successful completion of the following four

Title Credit Code Hours 6

Advanced Multicultural Counseling (offered

#### A. Counseling Required Courses:

COU 7283

		each summer semester)
	And at least three he internship section	ours (one semester) of a designated Spanish
	COU 5713	Clinical Mental Health Counseling Internship I
	COU 5723	Clinical Mental Health Counseling Internship II
	COU 5793	School Counseling Internship I
	COU 5803	School Counseling Internship II
	COU 5813	School Counseling Internship III
	COU 7413	Internship I
	COU 7513	Internship II

B. Bicultural Bilingual Required Courses:			
	BBL 5023	Cultural Theories in Global Context (off	

each fall semester) BBL 6033 Topics in Bicultural Studies (offered each spring semester)

When Topic focuses on Counseling, contact advisor before registering. Only students who have passed the required Language Proficiency exam may register for BBL 6033 and the Spanish Internship section. This course is offered primarily in Spanish.

**Total Credit Hours** 12

Students must be able to pass a Spanish language proficiency test demonstrating proficiency in listening and reading comprehension, speaking ability, and writing.

#### M.Ed. in School Counseling Students (48 hours + 9 additional hours)

- BBL 5023, BBL 6033, and COU 7283 (9 hours) will be taken in addition to the 48-hour degree plan.
- · The clinical elements are integrated into an existing internship course.

#### M.S. in Clinical Mental Health Students (60 hours + 3 additional hours)

- BBL 5023, BBL 6033, and COU 7283 can be substituted for the three required electives in the program.
- The clinical elements are integrated into an existing internship
- · Thus, students would only need to take one course in addition to the required 60 hours for a total of 63 hours.

### **Doctoral Students in Counselor Education and Supervision (no additional**

- · One of the certification courses is already required (COU 7283).
- The clinical elements are integrated into an existing internship
- Students will only need to incorporate BBL 5023 and BBL 6033 into their degree plans to be considered for the certificate.

### **Graduate Certificate in Integrated Behavioral Healthcare**

The 12-hour Graduate Certificate in Integrated Behavioral Healthcare (IBHC) is designed to provide students with specialized coursework and training to work in integrated practice settings (i.e., medical, community, school). This certificate builds on existing partnerships and coursework offered within the Department of Counseling. The certificate is designed to meet growing community healthcare needs.

#### **Admission Requirements**

6

ered

All students will be required to be formally admitted to one of the three degree programs in the Department of Counseling (M.S. in Clinical Mental Health Counseling, M.Ed. in School Counseling, Ph.D. in Counselor Education and Supervision).

#### **Certificate Program Requirements**

Requirements include successful completion of the following four courses:

Code	litle	Credit Hours
A. Required Integrated Behavioral Health Courses:		6
COU 6973	Special Issues (IBHC-I: Integrated Behavioral Health in Primary Care)	
COU 6973	Special Issues (IBH-II: Integrated Behavioral Health Interventions)	
B. Required Internship	Courses	6

COU 5713 Clinical Mental Health Counseling Internship I (repeated for a total of 6 hours

at an approved IBH field site)

12

#### **Total Credit Hours**

### M.Ed. in School Counseling Students (48 hrs + 12 additional hours) These four courses (12 hours) will be taken in addition to the 48-hour

These four courses (12 hours) will be taken in addition to the 48-hour degree plan.

#### M.S. in Clinical Mental Health Students (60 hrs)

Two of the required courses will serve as required electives in the program, and the internship courses will meet the need for the required program internships at approved internship sites.

### Ph.D. in Counselor Education and Supervision Students (48 hrs + 6 additional hours)

COU 6973 Special Issues IBHC-I: Integrated Behavioral Health in Primary Care and COU 6973 Special Issues IBH-II: Integrated Behavioral Health Interventions will need to be taken in addition to the 48-hour degree plan. With consent of the instructor, students may substitute COU 7413 Internship I and COU 7513 Internship II for COU 5713 Clinical Mental Health Counseling Internship I (repeated for a total of 6 hours).

#### **Counseling (COU) Courses**

#### COU 5103. Introduction to School Counseling. (3-0) 3 Credit Hours.

Orients students to UTSA's Counseling Program, the school counseling profession, and the roles of professional school counselors. Investigates the legal and ethical aspects of school counseling. Examines planning, designing, implementing, and evaluating a comprehensive and developmental guidance and counseling program that includes students, teachers, administrators, parents, and community members. Examines state and national counseling program models and required competencies. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

### COU 5113. Ethical, Legal, and Professional Issues in Counseling. (3-0) 3

Prerequisite: COU 5103 and COU 5213. Explores philosophical precepts on which counseling interventions are based. Examines ethical and legal standards related to professional practice and the impact of personal values on the counseling process. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 5203. Introduction to Clinical Mental Health Counseling. (3-0) 3 Credit Hours.

This course provides an overview of the counseling profession. Explores ethical and diversity issues of clinical mental health counselors. Provides an orientation to the counseling program, information about professional credentials, and job roles. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 5213. Counseling Theories. (3-0) 3 Credit Hours.

Major counseling theories and techniques are presented. Students investigate affective, behavioral, relational, and cognitive psychotherapeutic strategies. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 5223. Clinical Assessment and Appraisal Strategies for Counselors. (3-0) 3 Credit Hours.

Introduction to measurement theory, assessment strategies, and individual- and group-administered techniques, including standardized tests. Emphasis on analysis and interpretation of assessment results for case conceptualization and treatment planning. (Formerly titled "Psychological Assessment for Counselors.") Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 5233. Group Theory and Process. (3-0) 3 Credit Hours.

Prerequisite: COU 5103 and COU 5213. A study of small group theory, research, and procedures. Explores group membership and leadership behavior. Students are required to participate as a member of a small group in this course. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 5243. Diagnosis in Counseling. (3-0) 3 Credit Hours.

Prerequisite: COU 5103 and COU 5213. Review of Diagnostic and Statistical Manual criteria for mental, behavioral and emotional disorders with case conceptualization emphasizing context, diversity, and relational development. (Formerly titled "Counseling Individuals with Behavioral and Emotional Disorders.") Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 5253. Child and Adolescent Counseling in a Systemic Context. (3-0) 3 Credit Hours.

Prerequisite: COU 5103 and COU 5213. The emotional and behavioral experiences of childhood and adolescence are discussed within the context of the school and family. Counseling strategies are presented for fostering wellness; teaching parenting skills; responding to crises, disasters and other trauma-causing events; helping students both identify strengths and cope with environmental and developmental problems. Requires casework. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 5283. Counseling in a Multicultural Setting. (3-0) 3 Credit Hours.

A study of major issues of cross-cultural counseling. The impact of diversity (within and between group differences) is examined. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 5393. Development of Counseling Skills. (3-0) 3 Credit Hours.

Prerequisite: COU 5103 and COU 5213. As the foundational course in the department's sequence of experiential clinical courses, Development of Counseling Skills offers students the opportunity to master basic skills of professional counseling. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 5613. Biopsychosocial Aspects of Addiction Counseling. (3-0) 3 Credit Hours.

Prerequisite: COU 5103 and COU 5213. This course examines common drugs of abuse, process addictions, and the etiology, course, and progression of addictive disorders. Students learn to diagnose and conceptualize addiction from contextual, systemic, relational, and holistic perspectives. Reviews evidence-based and innovative approaches used in addiction treatment. (Formerly titled "Substance Abuse and Chemical Dependency Counseling."). Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 5683. Practicum in Counseling. (0-0) 3 Credit Hours.

Prerequisite: COU 5113, COU 5203, COU 5213, COU 5233, COU 5283, COU 5393, and COU 6523. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Practicum in Counseling. As the second course in the department's clinical training sequence, Practicum in Counseling provides students with an initial opportunity to transition knowledge and skills gained in prior coursework into professional practice settings. May be repeated for up to 6 hours of credit. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 5713. Clinical Mental Health Counseling Internship I. (0-0) 3 Credit Hours.

Prerequisites: COU 5243 and COU 5683. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship I. As the third course in the clinical training sequence, Internship I reflects the comprehensive work experience of a professional counselor in community settings. Students are expected to continue demonstration of skills acquired during the Practicum in Counseling. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 5723. Clinical Mental Health Counseling Internship II. (0-0) 3 Credit Hours.

Prerequisite: COU 5713. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into Clinical Mental Health Counseling Internship II. Internship II is the final course of the clinical training sequence. Extensive supervised fieldwork in a UTSA-approved community counseling setting. This course is part of a sequential learning experience intended to expand upon the skills and knowledge gained in Internship I. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 5793. School Counseling Internship I. (0-0) 3 Credit Hours.

Prerequisites: COU 5253 and COU 5683. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship I. As the third course in the clinical training sequence, Internship I reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the Practicum in Counseling. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 5803. School Counseling Internship II. (0-0) 3 Credit Hours.

Prerequisite: COU 5793. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship II. As the fourth course in the clinical training sequence, Internship II reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the School Counseling Internship I. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 5813. School Counseling Internship III. (0-0) 3 Credit Hours.

Prerequisite: COU 5803. Students must submit an application, verifying prerequisite course completion, the semester before enrolling into School Counseling Internship III. As the fifth course in the clinical training sequence, Internship III reflects the comprehensive work experience of a professional counselor in school settings. Students are expected to continue demonstration of skills acquired during the School Counseling Internship II. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 6003. Consultation and Program Evaluation. (3-0) 3 Credit Hours.

Prerequisite: COU 5103 and COU 5213. Provides a framework for understanding and practicing consultation leadership, and program management in a school, community, and organizational settings. Students examine the major models of consultation at the individual, group, and organizational level, along with the ethical and legal issues related to consultation. Topics also include ethical and culturally relevant leadership and advocacy practices, along with current topical and political issues and how those affect the profession and practice of counseling. (May be taken concurrently with COU 5793 School Counseling Internship I.). Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 6153. Career Development and Choice. (3-0) 3 Credit Hours.

A study of theories of occupational choice and career development and their application to the guidance and counseling process. Identification and utilization of various types of occupational information and resources in counseling interviews and guidance programs. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

COU 6523. Couple and Family Counseling Theories. (3-0) 3 Credit Hours. Prerequisite: COU 5103 and COU 5213. This course examines the history of family therapy, major family counseling theories, and significant marriage and family theorists. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

### COU 6563. Counselors in Organizational Settings, Organizational Health and Behavior. (3-0) 3 Credit Hours.

Organizations confront a wide range of challenges when managing individuals in today's complex and fast-paced work environment. This course will provide an overview of several challenges and discuss how counselors can develop skills to help organizations effectively navigate these issues. Concepts from Counseling, Psychology, Systems Theory, Neuroscience, and Organizational Development will be covered to understand how organizations can develop a person-centered, inclusive, and psychological safe work environment. Course fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 6673. Introduction to Play Therapy. (3-0) 3 Credit Hours.

Prerequisite: COU 5393, EDP 5033, or consent of instructor. This introductory level course will focus on enhancing the counseling relationship with children by utilizing play media to facilitate the child's self-exploration, self-expression, self-understanding, and personal growth and development. Observations of role play and supervised role-play experience in play therapy are an integral part of the course. Course Fee: COUN \$35; GH01 \$90; STSH \$30.81; LRH1 \$20.54.

#### COU 6683. Advanced Play Therapy. (3-0) 3 Credit Hours.

Prerequisite: COU 5393, EDP 5033, COU 6673, or consent of instructor. This advanced course focuses on the integration of different theoretical approaches to play therapy. Students engage in the advanced study and application of play therapy, including theories of play therapy, application of advanced play therapy skills, parent consultation, and other special topics. Focus also is upon the counselor's own unique contribution to the relationship and the emotional needs of children. Course Fee: COUN \$35; GH01 \$90; STSH \$30.81; LRH1 \$20.54.

#### COU 6773. Introduction to Neurofeedback. (3-0) 3 Credit Hours.

This multilevel course covers introductory and advanced topics in neurofeedback, a form of biofeedback used to help individuals regulate brainwave patterns. Introductory content covers an overview of neurofeedback, history of the field, principles of learning, concepts of biofeedback, basic neurophysiology and neuroanatomy, basic instrumentation and electronics, research, psychopharmacological considerations, treatment planning, and professional conduct. This course is designed to meet the criteria of the "Blueprint of Knowledge Statement for Board Certification in Neurofeedback" by the Biofeedback Certification International Alliance. Advanced topics cover neuroanatomy, individualized QEEG-guided, and treatment planning using neurofeedback. Students will demonstrate skills in administering and interpreting clinical neurofeedback protocols. Case studies will be used to prepare students for their clinical experience in neurofeedback. Course may be repeated for credit. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 6793. Practicum in Neurofeedback. (3-0) 3 Credit Hours.

Prerequisite: COU 6773. This course provides students with hands-on experience in clinical assessment skills, administering and interpreting QEEGs, developing and administering neurofeedback protocols, and monitoring neurofeedback treatment. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

COU 6883. Trauma, Crisis, and Grief Counseling. (3-0) 3 Credit Hours. Prerequisite: COU 5103 and COU 5213. This experiential course covers the full spectrum of grief and loss to include loss by death, and other losses, such as divorce, trauma, addiction, miscarriage, and betrayal. This course reviews the use of creative interventions to help families, individuals, couples, and groups move through periods of adversity and change. Students will engage in reflective activities and demonstrate the principles to effectively counsel clients experiencing grief and loss. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

COU 6893. Foundations of Research in Counseling. (3-0) 3 Credit Hours. Prerequisite: Doctoral status or consent of instructor. Describes approaches for conducting applied research, including design and data analysis strategies, emphasizing qualitative, quantitative, and mixed methods. Topics include measurement issues (reliability, validity), data collection approaches (interviews, surveys, case studies), and methods of data analysis. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 6951. Independent Study. (0-0) 1 Credit Hour.

Prerequisites: Graduate standing and permission in writing (form available) from the instructor and the student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing in a counseling-related topic under the direction of a faculty member. For students needing specialized work not normally or not often available as part of the regular course offerings. May be repeated for credit, but no more than 6 hours, regardless of discipline, will apply to the Master's degree. Course Fees: COUN \$35; GH01 \$30; STSH \$10.27.

#### COU 6953. Independent Study. (0-0) 3 Credit Hours.

Prerequisites: Graduate standing and permission in writing (form available) from the instructor and the student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing in a counseling-related topic under the direction of a faculty member. For students needing specialized work not normally or not often available as part of the regular course offerings. May be repeated for credit, but no more than 6 hours, regardless of discipline, will apply to the Master's degree. Course Fees: COUN \$35; GH01 \$90; STSH \$30.

#### COU 6961. Comprehensive Examination. (0-0) 1 Credit Hour.

Prerequisite: Approval of the Graduate Program Committee to take the Comprehensive Examination. Independent study course for the purpose of taking the Comprehensive Examination. May be repeated as many times as approved by the Graduate Program Committee. Enrollment is required each term in which the Comprehensive Examination is taken if no other courses are being taken that term. The grade report for the course is either "CR" (satisfactory performance on the Comprehensive Examination) or "NC" (unsatisfactory performance on the Comprehensive Examination). Course Fees: COUN \$35; GH01 \$30; STSH \$10.27.

#### COU 6973. Special Issues. (3-0) 3 Credit Hours.

Prerequisite: Consent of instructor. An organized course offering the opportunity for specialized study not normally or not often available as part of the regular course offerings. Special Issues courses may be repeated for credit when the topics vary, but no more than 6 hours, regardless of discipline, may be counted toward the Master's degree. (Formerly titled "Special Problems"). Course Fees: COUN \$35; GH01 \$90; LRH1 \$20; STSH \$30.

#### COU 7003. Program Evaluation and Grant Writing. (3-0) 3 Credit Hours.

Prerequisite: Doctoral status or consent of instructor. This course covers principles and procedures for developing programs based on needs assessment, logic models, and research design. Emphasis is on the application and demonstration of critical thinking skills related to analyzing and evaluating an array of programs. Students will also demonstrate the ability to write grant proposals appropriate for research, program enhancement, and/or program development. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

### COU 7103. Qualitative Research Methods in Counseling. (3-0) 3 Credit Hours.

Prerequisite: Doctoral status or consent of instructor. Explores qualitative research traditions and approaches in counseling, including grounded theory, phenomenology, case study, and ethnography. Describes the stages of qualitative research, from reviewing the relevant research literature and stating the research problem to specifying appropriate procedures for data collection and analysis. Students produce an original proposal for conducting qualitative research in counseling as a major component of the course. (Formerly COU 6053. Credit can be earned for only one of the following: COU 7103, COU 6053, or AHE 6053.) Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7123. College and University Teaching. (3-0) 3 Credit Hours.

Provides instruction on models, perspectives, research, and techniques pertaining to teaching within the graduate curriculum in counselor education. Issues related to values and beliefs about the learning process, needs of adult learners, pedagogical techniques, learning styles, and cultural assumptions about teaching and learning are explored. Students will learn how to structure, deliver, and evaluate instruction applicable to all domains of knowledge. Concurrent with enrollment in the course, students are required to serve as teaching assistant (TA) to a faculty member teaching a master's-level course in counseling. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

# **COU 7133.** Seminar in Professional Development. (3-0) 3 Credit Hours. Prerequisite: Doctoral status or consent of instructor. This course is intended to provide an overview of current research issues in counselor education, ethical and legal concerns and issues related to counselor

identity. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

### COU 7143. Leadership and Advocacy in Counseling and Counselor Education. (3-0) 3 Credit Hours.

Prerequisite: COU 7133 or consent of instructor. Theory, skills, and strategies pertaining to the principles and practice of leadership and advocacy in professional counseling and counselor education. Ethical and cultural strategies and social justice implications of leadership and advocacy. Exploration of social and political issues impacting the counseling profession and the individual, systemic, and policy-level skills of advocacy. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7213. Advanced Theories in Counseling. (3-0) 3 Credit Hours.

Prerequisite: Doctoral status or consent of instructor. In-depth study and analysis of the traditional and contemporary theories of counseling, leadership and organizational theories and analysis of original works by theorists. Critical evaluation of philosophical and psychological assumptions that underlie various theories will be required. Critical analysis of how theories "fit" in current counseling culture will be required. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7283. Advanced Multicultural Counseling. (3-0) 3 Credit Hours.

Prerequisite: COU 5283 or Doctoral status. Comprehensive investigation of multicultural issues, theory, research, and practice relevant to the field of counseling. Cultural identification and exploration of one's heritage and how it impacts the therapeutic process will be required. Emphasis on the development of advanced multicultural counseling competencies will be explored. Extensive cultural experiential field exercises will be required. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7313. Internship in Counseling. (3-0) 3 Credit Hours.

Prerequisite: Doctoral status. This clinical internship will offer opportunities for growth in skills, knowledge, and personal development as a doctoral-level practitioner. Formerly titled Practicum in Counseling. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7393. Advanced Counseling Skills. (3-0) 3 Credit Hours.

Prerequisite: Doctoral Status or consent of instructor. This course facilitates the development of advanced individual counseling skills, serving to introduce students to the advanced micro-skills, meso-skills, macro-skills, and group leadership skills and assist them in learning how to utilize and apply these counseling skills. Through this course, students will delve into cutting-edge therapeutic techniques, refine nuanced approaches to case conceptualization, and cultivate expertise in specialized interventions. Examine current research in counseling effectiveness and evidence-based practices. Explore advanced techniques for accessing and processing emotions through creative expression. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7413. Internship I. (0-0) 3 Credit Hours.

Prerequisite: Doctoral status. The doctoral internship includes supervised work in a least three of the following areas: counseling, teaching, supervision, research and scholarship, and/or leadership and advocacy. Each doctoral internship semester is comprised of 300 hours. Students will work with the Doctoral Internship Instructor and their Chair or Academic Advisor to develop an individualized internship plan. Course Fees: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7513. Internship II. (0-0) 3 Credit Hours.

Prerequisite: Doctoral status. This doctoral internship includes supervised work in a least three of the following areas: counseling, teaching, supervision, research and scholarship, and/or leadership and advocacy. Each doctoral internship semester is comprised of 300 hours. Students will work with the Doctoral Internship Instructor and their Chair or Academic Advisor to develop an individualized internship plan. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7583. Supervision of Counseling. (3-0) 3 Credit Hours.

Introduces supervisors-in-training to knowledge and skills identified by the profession as basic to effective tutoring and mentoring skill development of counselors-in-training and practicing counselors. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7593. Practicum in Counseling Supervision. (3-0) 3 Credit Hours.

Prerequisite: COU 7583. An advanced experiential course aimed at translating supervision theory into practice. Students will be required to supervise master's level counselors-in-training. Current models of supervision and their application will be emphasized. Course Fees: COUN \$35: GH01 \$90: LRH1 \$20.54: STSH \$30.81.

#### COU 7771. Independent Study. (0-0) 1 Credit Hour.

Prerequisites: Doctoral standing and permission in writing (form available) from the instructor and student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing under the direction of a faculty member. For students needing specialized work as part of the regular course offerings. May be repeated for credit, but no more than 6 semester credit hours will apply to the Doctoral degree. Course Fees: COUN \$35; GH01 \$30; STSH \$10.

#### COU 7773. Independent Study. (0-0) 3 Credit Hours.

Prerequisites: Doctoral standing and permission in writing (form available) from the instructor and student's Graduate Advisor of Record. Independent reading, research, discussion, and/or writing under the direction of a faculty member. For students needing specialized work as part of the regular course offerings. May be repeated for credit, but no more than 6 semester credit hours will apply to the Doctoral degree. Course Fees: COUN \$35; GH01 \$90; STSH \$30.

#### COU 7803. Research and Publication in Counseling. (3-0) 3 Credit Hours.

Prerequisite: Doctoral Status or consent of instructor. This is an in-depth study of the professional standards of writing, publishing, and presenting proposals. It explores processes and methodologies for producing a research article for publication in a scholarly journal. Special emphasis is placed on students gaining knowledge and skills for conducting and communicating the results of scholarly inquiry through editing, consultation, and peer review. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

### COU 7823. Developing a Research Identity in Counselor Education. (3-0) 3 Credit Hours.

Prerequisite: Doctoral status or consent of instructor. Study and application of principles and practices of developing a research agenda and professional scholarship in counselor education. Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7893. Advanced Research in Counseling. (3-0) 3 Credit Hours.

Prerequisite: Doctoral Status. Advanced study of scientific inquiry, research-related ethical issues, design, sampling procedures, and data analysis. Encourages development of research skills and inquiry in the context of student's dissertation by linking research questions to appropriate qualitative, quantitative, or multi-method approaches. Emphasis on dissertation data collection, analysis, and presentation. (Formerly titled "Research in Counseling") . Course Fee: COUN \$35; GH01 \$90; LRH1 \$20.54; STSH \$30.81.

#### COU 7973. Special Topics in Counseling. (3-0) 3 Credit Hours.

An organized course offering the opportunity for specialized study not normally or often available as part of the regular course offerings. This course may be repeated for credit when topics vary and will apply toward the Doctoral degree. Course Fees: COUN \$35; GH01 \$90; STSH \$30.

#### COU 7991. Dissertation. (0-0) 1 Credit Hour.

Prerequisites: Admission to candidacy for the Doctoral degree and consent of student's Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN \$35; GH01 \$30; STSH \$10.27.

#### COU 7993. Dissertation. (0-0) 3 Credit Hours.

Prerequisites: Admission to candidacy for the Doctoral degree and consent of student's Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN \$35; GH01 \$90; STSH \$30.

#### COU 7996. Dissertation. (0-0) 6 Credit Hours.

Prerequisites: Admission to candidacy for the Doctoral degree and consent of student's Graduate Advisor of Record. May be repeated for credit, but no more than 12 semester credit hours may be applied to the Doctoral degree. Credit will be awarded upon completion of the dissertation. Course Fees: COUN \$35; GH01 \$180; STSH \$60.